

## NZR Age Bands for Age Grade Rugby Tables: Girls Rugby

### Girls - Eligible Age Tables as at 1 Jan 23

This table will allow players to know what grade they are eligible for based on their age.

\*National Rugby Policy #8B (Age to Play Senior Women's Rugby) Applies. [Click here to view National Rugby Policy #8B.](#)

Year Born	Delivery System	Age as at 1 Jan 23	Best Practice	Acceptable Practice			Exceptional Circumstances Case Approval required	Not Eligible	
			Equivalent Year	1 Year Up	2 Years Up	3 Years Up			
			Grade Equivalent	Grade Equivalent					Grade Equivalent
2004	Secondary School (or equivalent)	18	U19 / Senior Rugby				Senior Rugby (Front Row Only)	NA	
2005		17	U18	U19			Senior Rugby*	NA	
2006		16	U17	U18	U19			Senior Rugby*	NA
2007		15	U16	U17	U18	U19	Senior Rugby*	NA	
2008		14	U15	U16	U17	U18	U19	Senior Rugby	
2009		13	U14	U15	U16	U17	U18	U19	

2010	Primary/ Intermediate School	12	U13	U14	[REDACTED]	U15	U16
2011		11	U12	U13		U14	U15
2012		10	U11	U12		U13	U14
2013		9	U10	U11		U12	U13
2014	Club (Small Blacks)	8	U9	U10		U11	U12
2015		7	U8	U9		U10	U11
2016		6	U7	U8		U9	U10
2017		5	U6	U7		U8	U9

## Girls - Eligible Ages for Grade Table as at 1 Jan 23

This table will allow players to know what ages are eligible for a particular grade.

\*National Rugby Policy #8B (Age to Play Senior Women's Rugby) Applies. [Click here to view National Rugby Policy #8B.](#)

Grade		Best Practice	Acceptable Practice			Exceptional Practice	Not Eligible
		Equivalent Year	1 Years Up	2 Years Up	3 Years Up		
		Age as at 1 Jan 23					
Senior Rugby	Club	19				15* / 16* / 17* / 18*	14 and below
U19	Secondary School (or equivalent)	18	17	16	15	14	13
U18		17	16	15	14	13	12 and below
U17		16	15	14	13		12 and below
U16		15	14	13			12 and below
U15		14	13			12	11
U14		13	12			11	10
U13		12	11			10	9
U12	Primary/ Intermediate School	11	10			9	8

U11	Club (Small Blacks)	10	9		8	7
U10		9	8		7	6
U9		8	7		6	5
U8		7	6		5	4
U7		6	5			NA
U6		5	4			NA