

A vibrant, colorful border surrounds the central text. At the top left are yellow and pink hibiscus flowers. To the right are a black and white circular logo with red swirls, a red and white Counties RU Manukau rugby boot, and a palm tree. On the left side, there is a stylized Māori mask, a kiwi bird, and a red torch. On the right side, there is a red fish, a yellow fish, and another palm tree. At the bottom, there are various tropical plants, a crab, a yellow and blue fish, a large sea turtle, a starfish, and a small boat on the water.

NORTHERN REGIONS CUP

U18 BOYS & GIRLS 1st XV

**school
sport**
NEW ZEALAND
NZSSC



**NEW ZEALAND
RUGBY**

Contents

Welcome	3
Draws.....	6
Tournament Format.....	7
Manager Meeting	7
Grades.....	7
Tackle Rugby Grades	7
Tournament Timings.....	7
Team Info	7
General Info.....	8
Emergency & Physio Services	8
Colin Lawrie – General Rules	8
Official Host & Partners	9
Venue Maps	10
Tournament Rules	11
Entry Fee.....	11
Player Eligibility.....	11
Substitutions	11
Team Score Cards.....	11
Points	11
Drawn Game.....	12
Match Duration	12
Substitution	12
Judicial Procedures	12
Team Entries and Team Contacts	12
Tournament Logistics.....	13
Opening Ceremony	13
Laundry.....	13
Food	13
Lunch with Steelers on Wednesday	13
Finals	14



NORTHERN REGIONS CUP TOURNAMENT

Monday 2nd – Wednesday 4th September
Colin Lawrie Fields, Counties Manukau, Auckland

Welcome

Kia Ora, Talofa, Malo e lelei, Bula Vinaka, Kia Orana, and greetings to all.
We look forward to your participation in the 2024 Northern Regions Cup.

New Zealand Rugby & Counties Manukau Rugby Union hopes that you will enjoy your time during the Northern Regions Cup 15s Tournament as we aim to provide meaningful competition and create more playing opportunities for all young men and women playing rugby. There are 10 Boys' teams and 6 Girls' teams, with a total of 48 games of rugby to be played across the 3 days.

The information in this Tournament document is important. Should you, your players, or other management staff have any queries leading up to the tournament, please direct them to the Tournament Director.

All the best to the teams competing this week.


Tournament Directors

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2023 Placings



**PASIFIKA
AOTEAROA
CUP
15'S**

Northern Regions Cup Rankings

GIRLS	
1	Aorere College
2	Epsom GG
3	Rosehill College
4	Kelston
5	James Cook HS
6	Pukekohe HS
BOYS	
1	Pukekohe HS
2	Wesley College
3	James Cook HS
4	Aorere College
5	Te Awamutu
6	Manurewa HS Gold
7	Papakura HS
8	Rosehill College
9	Manurewa HS Green
10	Morrinsville

		CMRFU NRC POINTS TABLE							
		UNDER 18 BOYS & GIRLS							
UNDER 18 BOYS POOL A									
#	Team	Round 1	Round 2	Round 3	Round 4	Round 5	Total		
1	Wesley College	4	5	1	4	5	19		
2	Aorere College	0	0	5	5	5	15		
3	Manurewa HS Gold	5	2	4	0	1	12		
4	Rosehill College	5	0	0	1	4	10		
5	Morrinsville College	1	5	0	0	1	7		
UNDER 18 BOYS POOL B									
#	Team	Round 1	Round 2	Round 3	Round 4	Round 5	Total		
1	Pukekohe HS	5	5	5	5	5	25		
2	James Cook HS	4	5	4	0	5	18		
3	Te Awamutu Coll	0	5	5	5	0	15		
4	Papakura HS	2	1	0	5	0	8		
5	Manurewa HS Green	0	0	0	0	0	0		
UNDER 18 GIRLS									
#	Team	Round 1	Round 2	Round 3	Round 4	Round 5	Total		
1	Epsom Girls GS	5	5	5	5		20		
2	Aorere College	5	5	5	5		20		
3	Kelston Girls Coll	5	5	0	0	4	14		
4	Rosehill College	1	0	5	5	1	12		
5	James Cook HS	0	0	0	0	5	5		
6	Pukekohe HS	0	0	0	0	0	0		
4 Win 2 Draw		1 within 7		1 - 4 or more tries					
       									



Programme

Please note all times are subject to change depending on number of teams entered, but the days will not commence any earlier than stated below.

Monday 2nd September

9:30 am	Opening Ceremony	All Teams
10:15 am	Managers Meeting	All Teams
11:00 am	Round 1 Boys	Boys Teams
12:00 pm	Round 1 Girls	Girls Teams
12:50 pm	Round 2 Boys	Boys Teams
1:50 pm	Round 2 Girls	Girls Teams
3:00 pm	Laundry to HQ Tent (can be given earlier)	All Teams

Tuesday 3rd September

8:00 am	Teams Arrive for Day 2	All Teams
8:30 am	Laundry Pick-up	All Teams
8:45 am	Managers Meeting – Boys Teams	Boys Teams
9:45 am	Managers Meeting – Girls Team	Girls Teams
10:00 am	Round 3 Boys	Boys Teams
11:00 am	Round 3 Girls	Girls Teams
11:00 am	Round 4 Boys	Boys Teams
12:00 pm	Round 4 Girls	Girls Teams
1:30 pm	Laundry to HQ Tent (can be given earlier)	All Teams

Teams will play matches in both the morning and afternoon sessions but adherence to maximum recommended playing times for teenagers will be achieved.

Wednesday 4th September

7:30 am	Teams Arrive for Day 3 – Finals	All Teams
7:30 am	Laundry Pick-up	All Teams
7:45 am	Managers Meeting – Boys Teams	Boys Teams
8:45 am	Managers Meeting – Girls Team	Girls Teams
9:00 am	Round 5 Boys	Boys Teams
10:00 am	Round 5 Girls	Girls Teams
11:00 am	Play-off Round Boys	Boys Teams
12:00 pm	Play-off Round Girls	Girls Teams
1:00 pm	Boys Final *	Boys Final Teams
2:00 pm	Girls Final *	Girls Final Teams

*Boys' & Girls' Finals will be played at Navigation Homes Stadium.



Draws

The competition will be conducted under the control of the NRC tournament committee.

Teams entered are required to field a team in ALL fixtures in the draw.

- Exceptions in the case of a significant number of injuries which may result in a team unable to field Fifteens players for any fixture. If this was the case, then the NRC Tournament committee needs to be informed and a “flexible game on approach” will be used to allow team to continue to participate.
- Please refer to the draw for specific grade formats
- The Boys teams will be placed in 2 pools of 5 teams, chosen by the tournament committee. The Tournament Committee reserves the right to make adjustments before or during the tournament as/if required.
- Boys Grade – On days 1, 2, and 3, teams will play round-robin games within their pool, with a cross-over game every round, due to uneven numbers in each pool and to avoid a bye. The final will be determined by the highest-ranked team in each pool. The rest of the teams will have play-off games for tournament placings.
- Girls Grade – On days 1, 2, and 3, teams will play round-robin games within the 1 pool. The final will be determined by the 2 teams that end on the most points after all round-robin games are completed. The rest of the teams will have play-off games for tournament placings.

EXAMPLE DRAW FROM 2023

 CMRFU NRC DRAW 														
Under 18 Boys & Girls														
Mon 28, Tues, 29, Wed 30 August 2023														
PUKEKOHE Rugby Club (Colin Lawrie Fields)														
BOYS POOL A				BOYS POOL B				GIRLS						
Wesley College				James Cook HS				Pukekohe HS						
Manurewa Gold				Papakura HS				James Cook HS						
Aorere College				Manurewa Green				Aorere College						
Morrinsville College				Te Awamutu College				Kelston Girls College						
Rosehill College				Pukekohe HS				Rosehill College						
								Epsom Girls Grammar School						
BOYS POOL A				BOYS POOL B				GIRLS						
DAY1 Round 1 : 11:00am FD				Round 1 : 11:00am FD				Round 1 : 12:00pm FD						
1	Morrinsville	v	Wesley	1	4	Te Awamutu	v	James Cook	5	6	Kelston	v	Pukekohe	4
2	Rosehill	v	Aorere	4	5	Pukekohe	v	Manurewa Green	6	7	Rosehill	v	Aorere	5
3	Manurewa Gold	v	Papakura	3				CO		8	Epsom	v	James Cook	6
Round 2 : 12:50pm FD				Round 2 : 12:50pm FD				Round 2 : 1:50pm FD						
9	Aorere	v	Wesley	1	12	Manurewa Green	v	James Cook	5	14	Aorere	v	Pukekohe	4
10	Morrinsville	v	Manurewa Gold	4	13	Te Awamutu	v	Papakura	6	15	Kelston	v	James Cook	5
11	Rosehill	v	Pukekohe	3				CO		16	Rosehill	v	Epsom	6
DAY2 Round 3				Round 3				Round 3						
: 10:00am FD				: 10:00am FD				: 11:00am FD						
17	Manurewa Gold	v	Rosehill	1	20	Papakura	v	Pukekohe	5	22	Pukekohe	v	Epsom	4
18	Aorere	v	Morrinsville	4	21	Manurewa Green	v	Te Awamutu	6	23	James Cook	v	Rosehill	5
19	Wesley	v	James Cook	3				CO		24	Aorere	v	Kelston	6
Round 4				Round 4				Round 4						
: 11:50am FD				: 11:50am FD				: 12:50pm FD						
25	Manurewa Gold	v	Aorere	1	28	Papakura	v	Manurewa Green	5	30	James Cook	v	Aorere	4
26	Rosehill	v	Wesley	4	29	Pukekohe	v	James Cook	6	31	Rosehill	v	Pukekohe	5
27	Morrinsville	v	Te Awamutu	3				CO		32	Epsom	v	Kelston	6
DAY3 Round 5				Round 5				Round 5						
: 9:00am FD				: 9:00am FD				: 10:00am FD						
33	Wesley	v	Manurewa Gold	1	36	James Cook	v	Papakura	5	38	Pukekohe	v	James Cook	4
34	Morrinsville	v	Rosehill	4	37	Te Awamutu	v	Pukekohe	6	39	Aorere	v	Epsom	5
35	Aorere	v	Manurewa Green	3				CO		40	Kelston	v	Rosehill	6
BOYS PLAY OFFS								GIRLS PLAY OFFS						
: 11:00am FD								: 12:00pm FD						
41	BPA5	v	BPB5	1					45	G5	v	G6	4	
42	BPA4	v	BPB4	4					46	G3	v	G4	5	
43	BPA3	v	BPB3	5										
44	BPA2	v	BPB2	6										
BOYS FINAL								GIRLS FINAL						
: 1:00pm FD								: 2:00pm FD						
47	BPA1	v	BPB1	NAV					48	G1	v	G2	NAV	



Tournament Information

Tournament Format

- The Boys' teams are split into 2 pools of 5 and play cross-over matches where there would otherwise be bye rounds. All games are for points.
- The Girl's teams are in 1 pool of 6 and play in a round-robin format.
- The Tournament is held over 3 days and will have a maximum amount of 6 games per team.

Manager Meeting

- Each team must have at least one representative attend the manager's meeting. Operations area in front of Pukekohe Rugby Football Club prior to the tournament kicks off. Please refer to the programme for timings.

Grades

- U18 Boys 1st XV (15 aside) School students
- U18 Girls 1st XV (15 aside) School students

Tackle Rugby Grades

GRADES	Birth Year (and age as of 1 st January 2024)
1 st XV Cup Boys	2006,07,08,09
1 st XV Cup Girls	2006,07,08,09

Tournament Timings

- Please refer to the programme and draw for official times.

Team Info

- Please bring your own First Aid Kit & Ice.
- Gazebo/tent for shelter, if you are bringing your own you can only set up in the designated areas – We would advise the teams to take it down and away with them each day.
- Water containers and bottles – taps available in and outside the Pukekohe changing rooms/clubhouse.
- Lunch and refreshments – there will be several food vendors available onsite.
- Mouthguards – must have mouthguards in ALL grades, NZR laws of the game state penalties, and/or yellow cards can be handed out if player a caught without mouthguards during play. CMRFU will have mouthguards for sale at HQ for \$5 each.



General Info

- Match balls will be provided for games – please return them to the referee after each game.
- Changing rooms and shower facilities will be available for general use however, these will not be allocated to teams or locked. Please remove all items of clothing and rugby gear after use.
- “Onsite Food Vendors,” coffee and food trucks will be operating.
- The CMRFU organizing committee will not be responsible for any accidents or injuries sustained during the tournament. Reasonable measures will be taken to ensure the safety of all players in and around the fields of play. Please use common sense when moving your vehicle in and out of the venue, there will be a large number of children and people on site.
- Individuals are responsible for their personal belongings at all times throughout the event.

Emergency & Physio Services

- There will be paramedics and an ambulance on-site, if you require their assistance, please contact the Paramedics directly at their operations tent or your field controller.

Health & Safety

- The NRC 15's Tournament Committee and all participants will take reasonable procedures to minimize the risk and improve the safety of everyone involved, please read, and understand the Venue and Tournament Rules, these will help keep everyone safe. If an injury or emergency does occur, please follow the instructions of qualified emergency personal.
- In the event of an emergency and we need to vacate the playing area and facilities please meeting at the designated assembly point in the main carpark – **refer to the venue map below.**
- If your player does sustain a serious injury and requires emergency service, please do not hesitate to contact the onsite paramedics, personnel at the operations tent, or your field controller or Dial 111.
- For more information on safety in rugby go to www.rugbysmart.co.NZ

Colin Lawrie – General Rules

- Ensure you left the park as you found it – Littering is prohibited, please use rubbish bins onsite.
- Speed limit in the park is **10km/ph.**
- Motorized vehicles are prohibited off roadways and beyond car parking areas. Any improperly parked vehicles or vehicles parked on grass areas will be towed.
- Any tents/marquees must be approved by Park Staff.
- All spectators to remain off playing field areas.
- No Dogs with the of exception Service dogs.
- Colin Lawrie is Proud to be a Smoke and alcohol-free zone. No glass or breakable containers.
- No gang patches are permitted.
- No fires, fireworks, flammable liquids, open burning, or use of any device with an open flame will be allowed unless permission is given for special events.
- No freedom camping. Self-contained motorhome parking is available only.
- No drones permitted.



Official Host & Partners

- Counties Manukau Rugby Union is our official host for NRC Tournament.

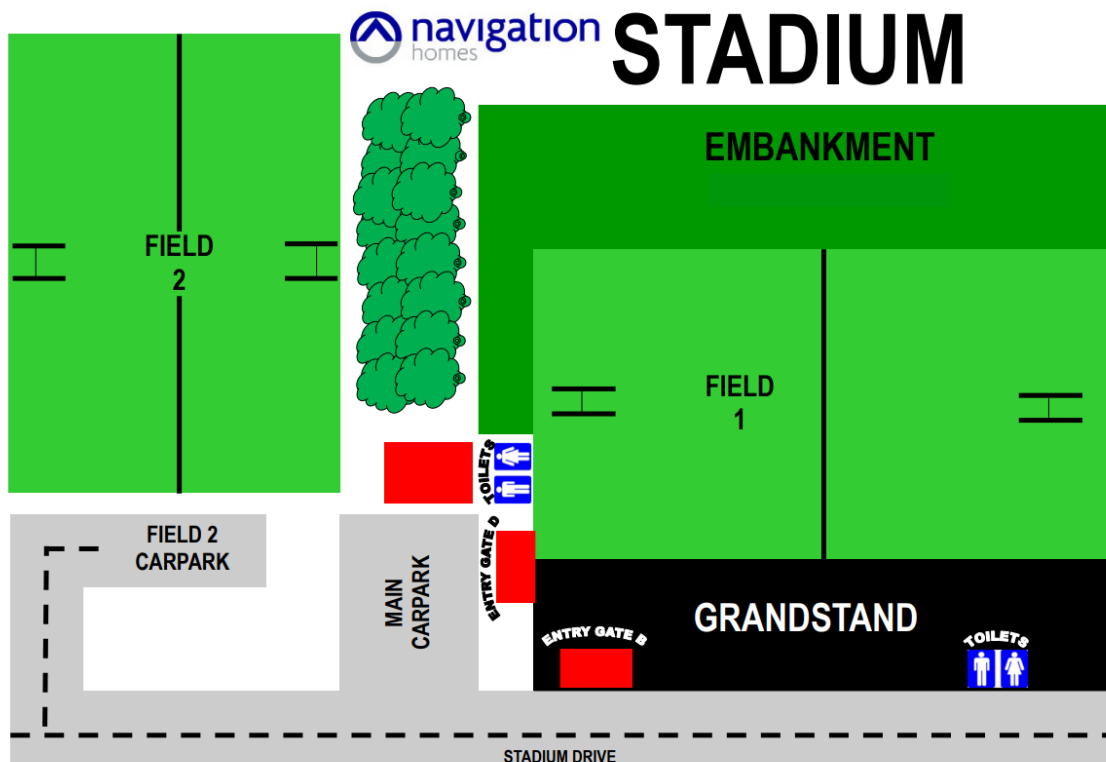


It is the intention of the Northern Regions Cup Tournament Committee and NZ Rugby to create an environment for all players, coaches, management, referees, volunteers, and supporters that enables them to enjoy their experience.

#NORTHERNREGIONSCUP #GROWTHEGAME



Venue Maps



Tournament Rules

Entry Fee

\$400 per team

Player Eligibility

1. Players must be registered to the NZR database for 2024.
2. New players to rugby this year, must complete an NZR registration form before taking the field.
 - i. Team list must be sent in before the tournament on 17th August 2024.
3. Each player is only permitted to play for ONE team in ONE grade.
 - i. Players are NOT allowed to transfer between teams if their school has more than one team entered.

Substitutions

1. Games will be played with your allocated sub bench (7 replacements only).
2. Half game rule applies.

Team Score Cards

All teams will have team lists and scorecards that the coach/manager must complete and return to the operations area after each game. These can be picked up at the managers' meeting on the day.

Tournament & Game Rules

The tournament will be played under the Laws of the game of Rugby Union as framed by the World Rugby and includes the Fifteen-A-Side and current 2024 variations within that publication.

You can view the laws and regulations at [Participation Polices, Regulations and Rules | NZ Rugby](#)

Points

4 points for a win.

2 points for a draw.

1 point for a loss of 7 points or less.

1 point for 4 or more tries being scored in a game.

1. If at the end of all pool games, two or more teams have the same number of points awarded to them, a team's ranking will be decided as follows:
 - a. On a who-beat-who basis.
 - b. If after (a) the teams are still tied – the team that scored the most tries shall be the winner.
 - c. If after (b) the teams are still tied – the team that has the highest difference of points "for minus against" shall be the winner.
 - d. If none of the above applies, the winner shall be found by the toss of a coin.



Drawn Game

In the event of a draw at the end of any preliminary finals

1. Where there is a tie at full-time in the semi-finals competition then the following formula will be applied to determine a winner:
 - a. The team which had scored the most tries in that game will be declared the winner.
 - b. If the two teams have scored an equal number of tries in that game, then the team that scored the first try and or points shall be declared the winner.
 - c. If no tries are scored, the winner will be decided with a coin toss.

In the event of a draw at the end of any championship finals

1. Where there is a tie at full-time in the Final, then extra time will be played. The team first scoring points in extra time will be declared the winner, and the match will end.

Match Duration

1. Boys' games, including finals, will be of 50-minute duration, with two 25-minute halves - with a 3 min half time.
2. Girls games, including finals, will be 40 minute duration, with two 20-minute halves – with a 3-minute half time.
3. Each team will play a minimum of 1 game a day if 15 aside and we meet the number of team entries for the grades.

Substitution

1. Up to 22 players can be used in any one match.
2. All substitutions must go through the match officials.
3. Substitutions may only take the field during a stoppage in play.

Judicial Procedures

1. Any on-field or off-field disciplinary matters will be dealt with by the NRC Tournament officials.
2. One YELLOW CARD results in a 10-minute Sin Bin.
3. Two YELLOW CARDS by a player in the same match results in a Red Card.
4. Three YELLOW CARDS by a player in separate matches, the player may not take part in any further matches until they have appeared before the NRC tournament officials.
5. A RED CARD by a player may not take part in any further matches until they have appeared before the NRC tournament officials.
 - a. If a red card is issued, please proceed directly to the Operations tent once the game had finished.

Team Entries and Team Contacts

Teams can be entered until 17th August, using this [link](#)

- Entries after this date are at the discretion of the tournament director.
- The 28-person squad for the tournament is all that is allowed.



Referee Incentive

During Winter Tournament Week, we are launching an initiative to encourage teams to bring qualified referees along.

As the Cup takes place during a working week, local referees may be in short supply. With this event being designated Cup status, it is important that all match officials are qualified referees, ensuring safety and quality.

We ask that all participating schools consider bringing a referee along to support the success of the Northern Region Cup 15s. Teams that bring their own qualified referee will have their entry fee waived. Please communicate this with the Tournament Directors no later than August 23rd.

Tournament Logistics

Opening Ceremony

We will have an opening ceremony on Monday morning @ 9:30am to welcome the teams to the Tournament. We will have an opening Karakia and small Powhiri to set the tournament up well. We will have local school performance groups that will frame up the tournament while also giving them time on stage to perform.

Laundry

As per the programme guidelines, we will have Laundry available during the tournament. This is a free service covered by the tournament hosts for all teams. Please drop off your laundry at the event tournament HQ before the stipulated time. It will be available for collection again the next day before the first game, as per programme time. We will have name tags for each team.

First Aid

There will be a certified Medic on site for the 3 days. Their role is to service and attend serious injuries and accidents first and foremost. We still ask that each time provide their own physio/medic per team. We are striving to have physio onsite to help with strapping and massage but this is to be confirmed.

Food

Food & coffee trucks will be available at Colin Lawrie Fields. Bring cash and EFTPOS for the days to stay fed and warm with a variety of kai.

New Zealand Rugby Resources

We are blessed to have the NZR community coaching guru with us for a day or 2. This is a resource that you as teams/coaches/managers/spectators can use to get something out of the tournament. It's a free resources that will be of great value if you choose to use it. We encourage you to pop in and say hi and have a conversation about coaching or anything that you find interesting.

Lunch with Steelers on Wednesday

On Wednesday the teams will be provided with Lunch while watching the finals at Navigation Homes Stadium up the road from Colin Lawrie fields. Lunch will be available from 12:30 pm and is for all players and management. Tokens will be handed out at the Wednesday morning management meeting. The NPC Steelers will be joining also. We will be handing out posters of the tournament so the players can remember their time at NRC 2023 and get them signed if they wish.



Finals

The finals will be on the stadium #1 field on Wednesday. We would like all teams to be in attendance, enjoying the finals and the food.

Health and Safety Plan

The tournament will be operating under the health and safety policies of CMRFU, Pukekohe Rugby Club, and Event Medic. Teams are asked to always abide by all NZR safety policies. Some guidance on the tournament Health and Safety guidelines can be found here [**CMRFU Tournament HS Plan.docx**](#)

Other versions can be found here [**2023 School Sport NZ Event Health Safety Template.doc**](#)

